



Just the Facts

Dwight-Englewood Lower School

January 12, 2018

CALENDAR OF EVENTS

January

- 15 Monday** Martin Luther King, Jr. Day – SCHOOL CLOSED
All School Martin Luther King Community Day of Service **NEW FORMAT**
- 17 Wednesday** Mindfulness Event for Parents (Parents' Association Event) – See flyer
Hajjar Auditorium 7:00 p.m. – 9:00 p.m.
- 19 Friday** Grade 5 Field Trip Rescheduled - Metropolitan Opera
- 29 Monday** Grade 3 Field Trip Bergen Family Center - 8:30 a.m.-11:00 a.m.

February

- 2 Friday** Sarah Weeks Author Visit – See flyer
- 6 Tuesday** Grade 3 Field Trip St. Joseph's School for the Blind – 8:45 a.m. - Noon
- 14 Wednesday** Kindergarten Valentine's Day concert at 9:00 a.m. Parents are invited.
1st grade Valentine's Day concert at 1:30 p.m. Parents are invited.
- 19 Monday** Presidents' Day – SCHOOL CLOSED
- 20 Tuesday** Professional Day – NO CLASSES

Dwight-Englewood School Parents' Association presents

NANCY SIEGEL

Educational Consultant and Mindfulness Educator

“Mindfulness for Parents”

Wednesday, January 17, 2018 7:00 - 9:00 pm
Hajjar Auditorium, Klein Campus Center

Join us for this timely, helpful educational workshop in which Nancy Siegel will introduce attendees to:

- Relaxation, self-regulation and calming techniques for stress relief for you and your children
- Tools to use to move from a state of reactivity and anxiety to a state of balance and engagement
- Dynamic listening tips to create openness, communication and acceptance to not only one another, but to new ideas, new thinking and new inspiration
- Techniques to learn how to make good choices and stay focused



About Nancy Siegel

Nancy is a nationally recognized presenter, trainer and instructor in mindfulness and children's yoga. She has more than 25 years of experience practicing yoga, mindfulness and teaching children's yoga. She began her career in the early childhood classroom and currently is an Educational Consultant specializing in mindfulness education and children's yoga teacher training.

Nancy has created and implemented educationally based and yoga inspired programming that has resonated with school leaders, educators, parents and children. In her work with educators she advocates, nurtures and supports teacher learning, development and growth.

Nancy founded and directed Nesheemah Yoga Center (breath in Hebrew). Outgrowths of the yoga center include CADDY Camp and Nesheemah Kids Yoga Teacher Training (NKYTT). CADDY Camp, which stands for Circus, Art, Drama, Dance and Yoga, was a creative arts camp that Nancy created and directed for 10 years for 6-11 yr. olds. NKYTT is a 95-hr. Yoga Alliance Accredited Children's Yoga Teacher Training and is a RCYS (Registered Children's Yoga School).

Nancy has an M.A. in Educational Leadership, completed Mindfulness Based Stress Reduction (MBSR) training, holds E-RYT-200 as well as RCYT Yoga Alliance accreditations and is a Registered Children's Yoga Teacher Trainer.

Free Admission

Guests of D-E parents/guardians are welcome to attend: [RSVP to pa@d-e.org](mailto:pa@d-e.org)

DEParents' Association

Dwight-Englewood School in partnership with the D-E Parents' Association is excited to welcome

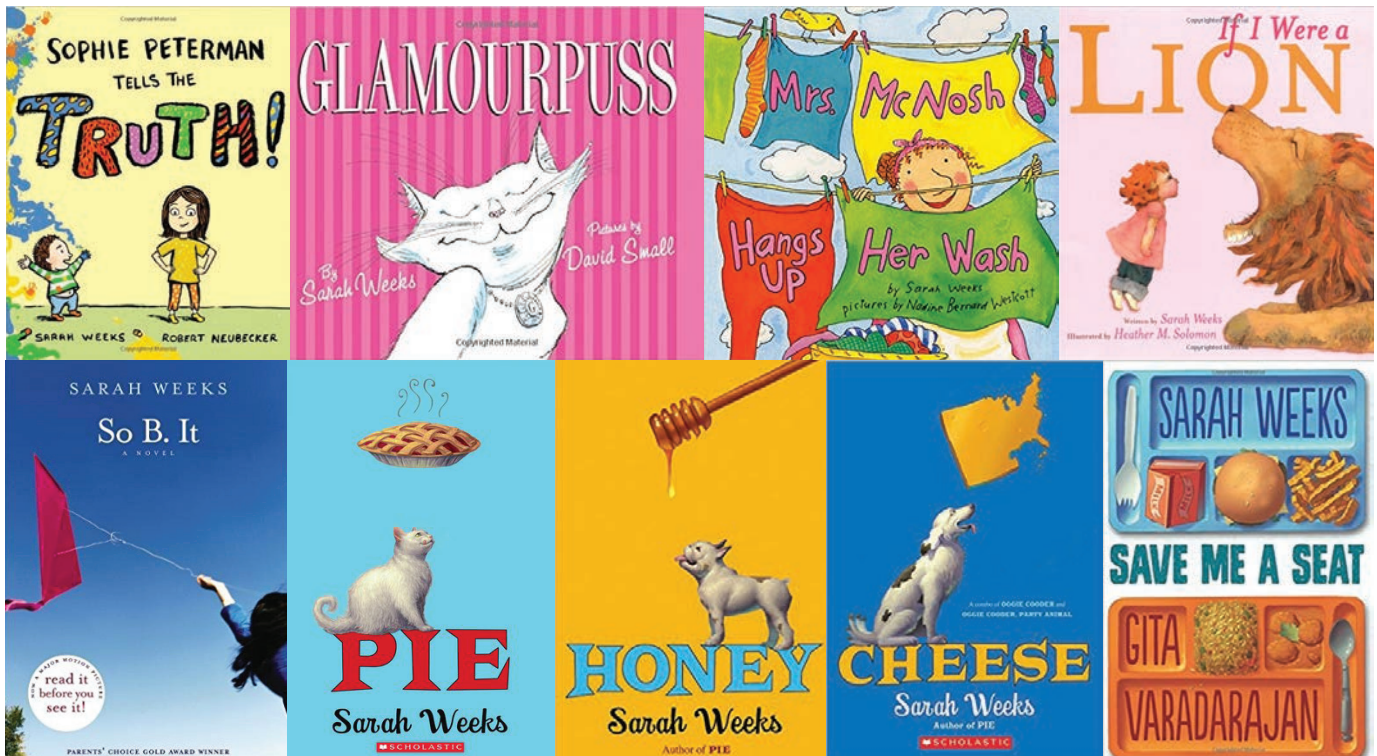
Author Sarah Weeks

who will be visiting with students on February 2nd!



Sarah Weeks has written more than fifty picture books and novels for children and young adults including the best selling novels, *Pie*, *Save Me a Seat* and *So B. It* – which is now a feature length film. In addition to writing, Sarah is an adjunct faculty member in the prestigious Writing Program at the New School University in New York City and she teaches a master class at Columbia University's Teachers College. Born and raised in Ann Arbor, Michigan, she splits her time between her homes in Nyack, N.Y. and Callicoon Center, N.Y. She is married to Jim Fyfe, a high school history teacher. She has two grown sons and a step-daughter. For more information about Sarah and her books please visit her at www.sarahweeks.com and on Twitter @authorweeks

D-E Families can order books by Sarah Weeks!
See next page for details or visit www.d-e.org/lower



Sarah Weeks Book Order Form

Please make your check payable to Dwight-Englewood
 and return payment and this book order form to your teacher by **Friday, January 19.**
 Any questions, please contact Rachel Brainin at brainr@d-e.org

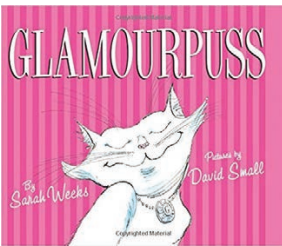
Title	Price	Quantity	Sub Total
Glamourpuss* <i>Picture Book</i>	\$17		
Sophie Peterman Tells the Truth!* <i>Picture Book</i>	\$18		
If I Were a Lion* <i>Picture Book</i>	\$19		
Mrs. McNosh Hangs Up Her Wash <i>Picture Book</i>	\$7		
Save Me A Seat* <i>Chapter Book</i>	\$17		
Honey <i>Chapter Book</i>	\$7		
PIE <i>Chapter Book</i>	\$7		
Cheese: A Combo of Oggie Cooder and Oggie Cooder, Party Animal <i>Chapter Book</i>	\$8		
So B. It <i>Chapter Book</i>	\$7		
Grand Total			

* denotes hardcover books. Otherwise books are in paperback.

Student: _____ Phone: _____

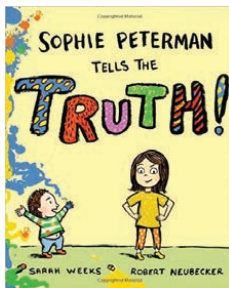
Teacher/GR: _____ Email: _____

Books by Visiting Author, Sarah Weeks



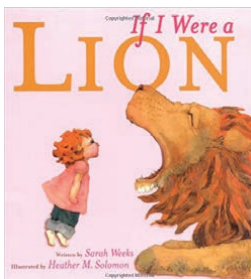
Glamourpuss - Picture Book

Glamourpuss loves being the center of attention. So when an unwelcome guest (a dog, no less!) steals the spotlight with some tasteless bow-wow-ing and undignified tail-wagging, Glamourpuss worries that she's going to fall out of fashion. Is there room for only one superstar in this mansion? When Glamourpuss makes her most majestic move to find out, the result is pure purrfection.



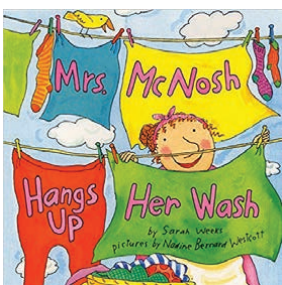
Sophie Peterman Tells the Truth! - Picture Book

"Sure to elicit chuckles from both parents and older siblings who would just as soon be 'onlys,' this fresh new addition to books about sibling rivalry is a keeper." (Washington Post)



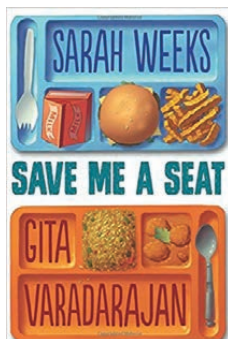
If I Were a Lion - Picture Book

How could such a sweet little red-haired girl's mother accuse her of being wild? Worse still, how could she possibly make her sit in the time-out chair? That's precisely what this little girl wonders as she sits in the chair and lets her imagination (but not her manners, no way!) run wild: "If I were a lion,/ I'd growl and roar/ and knock the dishes/ on the floor./ I'd scare the hair/ right off the cat,/ but do you see me doing that?" (Amazon)



Mrs. McNosh Hangs Up Her Wash - Picture Book

Mrs. McNosh hangs up her wash with such gusto that her clothesline ends up holding the dog, a Christmas wreath, a kite, and other odd items.



Save Me A Seat - Chapter Book

Joe and Ravi might be from very different places, but they're both stuck in the same place: SCHOOL. Joe's lived in the same town all his life, and was doing just fine until his best friends moved away and left him on his own. Ravi's family just moved to America from India, and he's finding it pretty hard to figure out where he fits in. Joe and Ravi don't think they have anything in common -- but soon enough they have a common enemy (the biggest bully in their class) and a common mission: to take control of their lives over the course of a single crazy week.

Continued on the back

Books by Visiting Author, Sarah Weeks



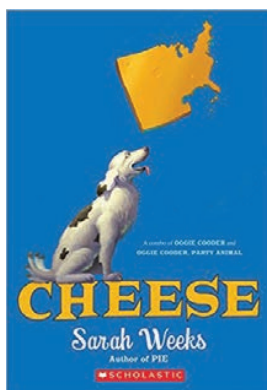
Honey - Chapter Book

For a girl like Melody and a dog like Mo, life can be both sticky and sweet. Melody has lived in Royal, Indiana, for as long as she can remember. It's been just her and her father, and she's been okay with that. But then she overhears him calling someone Honey -- and suddenly it feels like everyone in Royal has a secret. It's up to Melody and her best friend, Nick, to piece together the clues and discover why Honey is being hidden. Meanwhile, a dog named Mo is new to Royal. He doesn't remember much from when he was a puppy... but he keeps having dreams of a girl he is bound to meet someday. This girl, he's sure, will change everything.



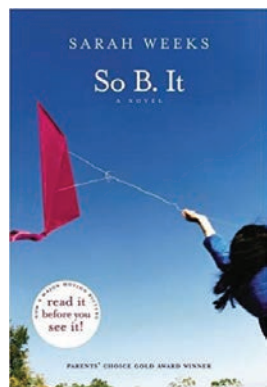
PIE - Chapter Book

When Alice's aunt Polly, The Pie Queen of Ipswich, passes away, she takes with her the secret to her world-famous piecrust recipe. Or does she? In her will, Polly leaves the recipe to her extraordinarily fat, remarkably disagreeable cat, Lardo... and then leaves Lardo in the care of Alice. Suddenly, the whole town is wondering how you leave a recipe to a cat. Everyone wants to be the next big pie-contest winner, and it's making them pie-crazy. It's up to Alice and her friend Charlie to put the pieces together and discover the not-so-secret recipe for happiness: Friendship. Family. And the pleasure of doing something for the right reason.



Cheese: A Combo of Oggie Cooder and Oggie Cooder, Party Animal - Chapter Book

Oggie Cooder loves cheese so much that he carries a slice of cheese with him wherever he goes. It's not just for a snack -- Oggie is an excellent charver. (Charving is when you chew a piece of cheese to carve it in the shape of something.) The kids at school think Oggie's charving is a little strange. But when a big TV show comes looking for people with unusual talents, Oggie is suddenly Mr. Popular. Can Oggie carve a path to fame and score an invite to the party of the year without melting under the pressure? No matter how you slice it, you're going to laugh when you read about one small kid becoming a really big cheese, in this hilarious combination of Oggie Cooder and Oggie Cooder, Party Animal.



So B. It - Chapter Book*

AnovelaboutayounggirlivinginRenowithhermentallydisabledmotherwho,hauntedbyamysteriouswordinhermother's23-wordvocabulary,embarksonacross-countryjourney. A MAJOR MOTION PICTURE BASED ON THIS BOOK WAS JUST RELEASED!

**This book contains some mature themes about dealing with a parent who is mentally challenged. While all characters are treated with dignity and care, we recommend this book for 5th graders and up. Some students may like to read this book alongside their parents, so they may discuss it together.*